

DAILY HOUSEHOLD TASKS CHECKLIST

DAY OF THE WEEK _____

TASK	COMPLETED BY:	DATE:
KITCHEN:		
▪ Empty dishwasher		
▪ Wipe off dishwasher		
▪ Wipe off microwave		
▪ Wipe off stove		
▪ Wipe off counters		
▪ Wipe off table		
▪ Wash dishes by hand		
FOOD:		
▪ Prepare breakfast		
▪ Feed pets in the morning		
▪ Prepare lunch		
▪ Prepare dinner		
▪ Feed pets in the evening		
AROUND THE HOUSE:		
▪ Take pets for a walk		
▪ Organize shoes and coats at the entrance		
▪ Put away clothes		
▪ Make beds		
▪ Empty trash and recyclables		
▪ De-clutter		
▪ Throw out newspapers/junk mail		
▪ Open mail		