

GROCERY LIST

ITEM	✓ CHECK	ITEM	✓ CHECK
FRUITS		DRY GOODS	
▪		▪	
▪		▪	
▪		▪	
▪		▪	
VEGETABLES		DAIRY PRODUCTS	
▪		▪	
▪		▪	
▪		▪	
▪		▪	
BAKERY/BREAD		STAPLES/SPICES	
▪		▪	
▪		▪	
▪		▪	
▪		FROZEN GOODS	
DELI MEATS		▪	
▪		▪	
▪		▪	
▪		PET FOODS	
FROZEN MEATS		▪	
▪		▪	
▪		▪	
▪		JUNK FOODS	
CANNED FOODS		▪	
▪		▪	
▪		▪	
▪		CLEANING PRODUCTS	
BEVERAGES/JUICES		▪	
▪		▪	
▪		PERSONAL PRODUCTS	
▪		▪	
BOXED FOODS		▪	
▪		MISCELLANEOUS	
▪		▪	
▪		▪	